

CONTACT US TODAY:

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OUR PRESCRIBER SERVICES

Beyond Medication Management

Our team offers psychiatric medical services. Sukhdeep Bhullar, PMHNP, offers medication evaluations and management, psychotherapy and education.

Working closely with your therapist and primary care provider, our prescribers offer medication management and recommendations, additional education and care.

Sukhdeep can be of assistance with mental health needs such as: Anxiety, Depression, ADHD, Bipolar Disorder, Mood Disorders, Panic Disorders, evaluations, medication management and more.

WHO WE ARE

Traverse Therapy Services now offers medication management as part of our expanded care.

We still provide compassionate, accessible and effective psychotherapy services for mental health and addiction.

INSURANCE

We offer sliding-scale and self-pay options. We are in-network with the following providers:

AETNA
Cigna & Evernorth
First Choice Health/ FCH GHI
Kaiser
Premera
Regence
Most Blue Cross Blue Shield Plans
United Healthcare



TRAVERSE
THERAPY SERVICES
ADDICTION & MENTAL HEALTH